



GIRLS' GROUP



Free skills group for girls aged 12 to 17 years
Thursdays, 5.00pm to 6.30pm
Murrurundi Youth Centre

Topics will include girls' health, keeping yourself safe, family issues, stress and relaxation, healthy foods, plus a pamper night

Starts Thursday, 18 May 2017 and runs for 10 weeks
(with a 2 week break in the school holidays)

These are free sessions, with snacks provided

Everyone is welcome - you do not need to have been involved with one of our programs before

Bookings are essential

RSVP with your permission note by returning it to Youth Workers at the Murrurundi Centre or email youthevents@upperhunter.nsw.gov.au

Permission notes are available at youth centres, Council offices and online at upperhunter.nsw.gov.au

This session will be run and supervised by UHSC Youth Services Staff

UHSC YOUTH CENTRES:

SCONE Youth Centre | **Phone:** 0417 287 540 | Young people aged 12 - 17 years
MERRIWA Youth Centre | **Phone:** 0447 610 915 | Young people aged 12 - 17 years
MURRURUNDI Youth Centre | **Phone:** 0438 437 082 | Young people aged 10 - 17 years

 Find us on Facebook

UPPERHUNTER.NSW.GOV.AU



UHSC Youth Services Girls' Group RSVP

Dear parents / caregivers,

Upper Hunter Shire Council Youth Services will present a 10 week Girls' Group for girls aged 12-17 years at Murrurundi Youth Centre, beginning Thursday, 18 May. The sessions will run each Thursday from 5:00pm until 6:30pm (except in the school holidays – 7 & 14 July) and will focus on:

- Girls' health
- Keeping yourself safe
- Family issues
- Stress and relaxation
- Healthy foods
- Plus a pamper night!

The sessions will be presented and supervised by our UHSC Youth Services staff.

If you have questions about the event please contact me on the numbers below.

Yours faithfully,

Mary Spora

UHSC Youth Services Supervisor

Ph: 02 6540 1169 / 0439 090 891

Participant Details: Please return this section to Scone Youth Centre or Council offices.

You can also email to youthevents@upperhunter.nsw.gov.au

Name of Participant:	
Address:	
Home phone or mobile:	
I give permission for _____ to participate in the Girls' Group at Murrurundi Youth Centre on Thursday 18 & 25 May, 01, 08, 15, 22, 29 June, 20 & 27 July and 03 August 2017. I also give / do not give permission for photos of my child to be taken and used by Council.	
Signed:	Date:

Privacy Notification Form - Section 10(Pre –Collection)

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