

WHERE WE HAVE BEEN AND SEEN!

MERRIWA FAMILY FUN DAY

WEDNESDAY, FEBRUARY 28th

Case workers Jo and Fran attended the UHHS stall at the first Merriwa Family Fun Day, which sadly will be Jo's last official event with UHHS. We made many, many badges for the children, using their art work to create bright and colourful badges, which they absolutely love to make and wear with pride! There was a great turnout of children and parents. We were entertained by singing from the school children, and it was also another great opportunity to network with other local services



INTERNATIONAL WOMEN'S DAY

AT THE SCONE RACE CLUB

Una attended the Ladies Race Day at Scone Race Club on Thursday 8th March, International Women's Day and spoke about our service and raised awareness of the D&FV groups and the effects of D&FV. This day was organised by UH Shire Council, Scone Chamber of Commerce and Scone Race Club, this was also a major fund raiser for Upper Hunter Homeless Support. Our deepest gratitude to the above mentioned groups for this opportunity to raise awareness of our service on such a scale.

SCONE CONNECT DAY – APRIL 11th 9.00 am – 1.00 pm

People who are experiencing homelessness, struggling or doing it tough can come along and find a one stop shop of free support services and activities

FREE haircuts, massages, pedicures, clothing, meals and a cuppa will be available

**Senior Citizens Centre, Corner Cooper & Oxford Road
SCONE**

THE SHARK CAGE – COMMENCING April 24th

The Domestic & Family Violence (DFV) Education and Support Group will commence on April 24th, at the UHHS Hub in Muswellbrook. The Shark Cage is a group program designed to empower women *'taking a human rights approach to empowerment and healing for women who have experienced sexual assault or domestic and family violence.'*

This group is primarily psycho educational and skills based and provides straightforward practical interventions. It reinforces the message that women can decrease their vulnerability to abuse by increasing their awareness of their rights, resulting in the focus of responsibility shifting from perpetrator to the victim. The Shark Cage framework is an accessible explanation that offer a potential road map out of re victimisation for women.

FAREWELL JO

It is with a heavy heart that we farewell one of Upper Hunter Homeless Support's foundation case workers, Jo Perrett. Jo has been a highly valued member of staff since 2013, her incredible skills in case management were matched only by her wonderful sense of humour, and Jo has been a constant reminder of what a great team member is. Jo will be greatly missed, and we wish her well in her upcoming travels and return to Sydney



SAVE THE DATES!

MAY 2nd, CANDLELIGHT VIGIL, TO REMEMBER THE VICTIMS OF DOMESTIC AND FAMILY VIOLENCE. TO BE HELD OUTSIDE THE UPPER HUNTER SHIRE COUNCIL ADMINISTRATION BUILDING

The Annual National Candlelight Vigil will be held outside the Upper Hunter Shire Council administration building on Wednesday, May 2nd at 5:30pm.

Upper Hunter Homeless Support is delighted to again be working alongside the Upper Hunter Shire Council, Scone Neighbourhood Resource Centre and Scone CWA in bringing the community together to remember the silent victims of domestic and family violence. 1 in 4 women in Australia will experience domestic and family violence, more than half these women have children in their care. Domestic and family violence is the single biggest contributor to homelessness among women. Please do join us if you can, there will be guest speakers and light refreshments provided. Donations of non-perishable food items can be made on the night, which will go towards stocking up the Scone Neighbourhood Centre and UHHS pantry supplies

VINNIE'S COMMUNITY SLEEPOUT – THURSDAY, JUNE 21st, MUSWELLBROOK SHOWGROUND

Plans are well underway for this years Vinnie's Community Sleepout, raising awareness of homelessness nationally, while raising valuable funds to be used locally. Each year this event grows in numbers, and we look forward to the community getting behind another successful event organised by Vinnie's Muswellbrook, Upper Hunter Youth Services, Hope City Church and Muswellbrook High School and with the assistance of the Muswellbrook Red Cross ladies



You are invited to join the community at a National Day of Remembrance

1 in 4 women in Australia will experience domestic violence in their lifetime, more than half having children in their care.

On average, 1 woman a week loses her life to domestic or family violence

Domestic or family violence is the biggest contributor to homelessness among women.



If you would like to support our Food Relief Pantry your donation of non-perishable food items would be greatly appreciated, and can be brought along on the night.

RSVP:

administration@uhhsos.org.au

For further information please contact:

Upper Hunter Homeless Support Ltd.

Ph: (02) 6542 5051

Wednesday, May 2nd, 2018

5.15 pm for a 5:30 pm start

Meeting outside the Upper Hunter Shire Council Administration Building, Liverpool St Scone

Candle light vigils will be held across the country paying tribute to those who have lost their lives due to domestic and family violence

